

SABBATH Points to consider:

By Anand K. C. Friday, May 29, 2026

How to read the Bible correctly? This is foundational.

1. Do not add or take away anything from the Bible.

Deuteronomy 4:2: "You shall not add to the word which I command you, nor take from it, that you may keep the commandments of the Lord your God which I command you."

Proverbs 30:6: "Do not add to His words, lest He rebuke you, and you be found a liar."

Revelation 22:18-19: "If anyone adds to these things, God will add to him the plagues that are written in this book; and if anyone takes away from the words of the book of this prophecy, God shall take away his part from the Book of Life..."

2. Compare scripture with scripture. Cross referencing or letting the Bible interpret itself.

1 Cor. 2:13: Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost **teacheth; comparing spiritual things with spiritual.**

3. Read the Bible in its context like before and after verses. Don't make a doctrine out of single verses. Consider the surrounding verses, the author's intent, the book's genre, and the historical audience.

Timothy 3:16-17 "**All Scripture** is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work."

Discussion:

Sabbath is not every day nor is Jesus your Sabbath or Sunday or Monday or Tuesday. If you're not keeping the Sabbath, Jesus is not your Sabbath and consequently, you don't have to keep Sunday either. The 4th commandment has not been changed or fulfilled to be ended. Read Heb. 4 and Mathew 5:19. God cannot be reduced to a day that He created.

The Bible never states that the moral law has ended nor the Sabbath in the New Testament.

Read more to understand the Sabbath here: www.SabbathMission.com

No Sabbath means no Sunday or Monday or Tuesday... Sabbath (Sabbath simply means pause, rest, stop, zero, nothing or space or God's space or order that is foundational to all Creation). **The opposite of God's order is disorder. The current chaos and disorder we see in the world is because of humanity NOT keeping God's order symbolized in the 7th day Sabbath.** God can be worshipped on any day but He decides which day and how He is to be worshipped publicly and NOT man. If God is not worshipped the way He already commanded, then it is not God worship but self-worship. **Sunday worship is based on man-made change and not God made change.**

Some claim that they are no longer under any law including the moral law. If you're not under any moral law, then you can't say that you still have to keep that law except one law. This is a false and self-contradictory teaching.

Romans 6:14 means that we are no longer bound by the Old Testament legal system or **ceremonial law** that applied to the Sanctuary system of service of Ancient Israel as a checklist for salvation or righteousness. Instead, we live under God's unmerited grace, where forgiveness is a free gift rather than something we earn. **However, if there is no moral law which defines "sin", we are not obligated to repent or ask for any forgiveness as we are supposedly no longer under "any law."** This is obviously a false teaching that we are no longer obligated to obey any law once we believe in Jesus.

Christ without the law is LAWLESSNESS. The LAW without Christ is LEGALISM. The Ten Commandments is God's very own law that governs everyday human behavior. The entire universe is governed by all kinds of laws like the physical, natural, legal, etc. The law by itself cannot save but only points to what is right and wrong.

You cannot "rest" in Christ if you're living in disobedience to His moral laws. Jesus said that if you love Him, you have to **keep all His commands. John 14:15.**

Jesus did not fulfil the MORAL LAW also known as the Ten Commandments so you can break them. **Jesus fulfilled the ceremonial law so you don't have to sacrifice animals each time for your sins.** Jesus fulfilled both the ceremonial law so that was abolished. He also fulfilled the moral law to show how human beings can do the same. He died on the cross to pay the penalty for mankind's breaking of the moral law that could have resulted in eternal destruction of man thus upholding or vindicating His own moral law that reflects His own character. **Therefore, Jesus did not die the cross to simply abolish His own moral law.**

What Jesus did on the cross was to offer Himself as the penalty for man's sins once and for all. **Therefore, the work of Salvation has not been completed on the cross but only the sacrifice part.** If the work of salvation has been completed on the cross, then we should be in heaven by now. The work of SALVATION has three parts. Justification (forgiveness and repentance from sin or transgressing God's moral law), Sanctification (daily living), Glorification (once Jesus comes back the second time, and the believers get saved and go to heaven to live a thousand years before returning to earth which will be purified and made new after the final judgement and all sin and sinners destroyed.

Note that SALVATION is a process and not a one-time event of being saved once and then saved forever no matter what a saved person may do. Once a person asks for forgiveness and "born again" or "saved", that person will not automatically do what is right all the time nor lose the ability to choose between right and wrong nor become a robot. The "saved" are called to "work out their own salvation" with fear and trembling. This means "sanctification."

Philippian 2:12

"Therefore, my beloved, as ye have always obeyed, not only in my presence, but now much more in my absence, work out your own salvation with fear and trembling."

Obedience cannot happen if the moral law is being broken which contains the Sabbath command. [Read Exodus 20:1-17.](#)

Revelation 20:1-6

Satan Bound 1,000 Years

“1 Then I saw an angel coming down from heaven, having the key to the bottomless pit and a great chain in his hand.

2 He laid hold of the dragon, that serpent of old, who is the Devil and Satan, and bound him for a thousand years;

3 and he cast him into the bottomless pit, and shut him up, and set a seal on him, so that he should deceive the nations no more till the thousand years were finished. But after these things he must be released for a little while.

The Saints Reign with Christ 1,000 Years

4 And I saw thrones, and they sat on them, and judgment was committed to them. Then I saw the souls of those who had been beheaded for their witness to Jesus and for the word of God, who had not worshiped the beast or his image, and had not received his mark on their foreheads or on their hands. And they lived and reigned with Christ for a thousand years.

5 But the rest of the dead did not live again until the thousand years were finished. This is the first resurrection.

6 Blessed and holy is he who has part in the first resurrection. Over such the second death has no power, but they shall be priests of God and of Christ, and shall reign with Him a thousand years.”

Matthew 10:28

“And do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell.”

Malachi 4:1

“For behold, the day is coming, burning like an oven, when all the arrogant and all evildoers will be stubble. The day that is coming shall set them ablaze, says the Lord of hosts, so that it will leave them neither root nor branch.”

Revelation 14:11

“And the smoke of their torment goes up forever and ever, and they have no rest, day or night, these worshipers of the beast and its image, and whoever receives the mark of its name.” This means that the punishment will be forever as in kind rather than duration. If the duration is endless, then the universe cannot be made new again as God has promised that sin or suffering will not arise a second time.”

Nahum 1:9

“What do ye contrive against the Lord? He will make an utter end; affliction shall not rise up the second time.”

2 Thessalonians 1:9

“They will suffer the punishment of eternal destruction, away from the presence of the Lord and from the glory of his might.” (Sinners will be destroyed to be no more).

Hebrews 10:1 & 12

“1 For the law having a shadow of good things to come, and not the very image of the things, can never with those sacrifices which they offered year by year continually make the comers thereunto perfect.”

“12 But this man, after he had offered one sacrifice for sins for ever, sat down on the right hand of God.”

Matthew 5:19

“Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach *them*, the same shall be called great in the kingdom of heaven.”

Mark 2:27

“And He said unto them, “The Sabbath was made for man, and not man for the Sabbath. Therefore, the Son of Man is also Lord of the Sabbath.”

The Sabbath was not for the Jews and Friday for the Muslims and Sunday for Christians.

Jesus asserted “Lordship” or ownership of the 7th day Sabbath and not Sunday or any other day though He created all days. He then commanded that all mankind should work on all other days but keep the 7th day holy or set apart for public rest and worship.

Acts 20:7

“And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.”

Commentary: Does coming together on a first day of the week to “break bread” or share a meal automatically mean the change of the Sabbath command? No. There is no account in the Bible that simply meeting on various days to worship or eat together changed God’s explicit command to keep the 7th day Sabbath holy.

Ephesians 4:5

“One Lord, one faith, one baptism.” (There is only one way to be saved)

Romans 3:31

“Do we then make void the law through faith? God forbid: yea, we establish the (moral) law.”

John 14:15

“If ye love me, keep my commandments.”

Colossians 2:14-16 (The verses shown below in this chapter are talking about the **ceremonial Sabbaths or holy days** and not the moral law Sabbath. The moral law is God written and given to Moses and not man and therefore cannot be changed unless God Himself changes it. Besides, without the moral law, right and wrong cannot be defined).

“14 Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

15 And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.

16 Let no man therefore judge you in meat, or in drink, or in respect of **an holyday, or of the new moon, or of the sabbath days:**”

Hebrews 4:8-11

“8 For if Jesus had given them rest, **then would he not afterward have spoken of another day.**”

9 There remaineth therefore a rest to the people of God.

10 For he that is entered into his rest, he also hath ceased from his own works, as God did from his.

11 Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief.”

1 John 3:4

“Whosoever committeth sin transgresseth also the law: for sin is the transgression of the law.”

Revelation 14:12

“Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.”

Revelation 22:14

“Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city.”

James 2:10

“For whosoever shall keep the whole law, and yet offend in one *point*, he is guilty of all.”

Revelation 22:18-19

“18 For I testify unto every man that heareth the words of the prophecy of this book, If any man shall add unto these things, God shall add unto him the plagues that are written in this book:

19 And if any man shall take away from the words of the book of this prophecy, God shall take away his part out of the book of life, and out of the holy city, and from the things which are written in this book.”